

Additional File 1. Education session participant satisfaction survey data

CONTENT

Questions	Responses n (%)				
	Strongly agree	Agree	Neutral	Disagree	Strongly disagree
I learned about different types of cancer that physical activity can prevent	24 (55.8)	18 (41.9)	---	1 (3.3)	---
I learned how much physical activity to do each week	20 (46.5)	23 (53.5)	---	---	---
I learned about different ways to get physical activity	26 (60.5)	17 (39.5)	---	---	---
I learned how to overcome barriers of physical activity	21 (48.8)	19 (44.2)	2 (4.7)	1 (2.3)	---
I learned about other ways to reduce cancer risk	16 (37.2)	21 (48.5)	3 (7.0)	3 (7.0)	---

FORMAT

Questions	Responses n (%)				
	Strongly agree	Agree	Neutral	Disagree	Strongly disagree
I had no problem joining the education session	22 (51.2)	21 (48.8)	---	---	---
I had no problem seeing the trainer and the slides	29 (67.4)	13 (30.2)	1 (2.3)	---	---
The slides were easy to understand	25 (58.1)	16 (37.2)	1 (2.3)	1 (2.3)	---
One hour was enough time to review and discuss the information	14 (32.6)	21 (48.8)	1 (2.3)	7 (16.3)	---
I was asked to share ideas or ask questions	20 (51.3)	19 (48.7)	---	---	---

TRAINER

Questions	Responses n (%)				
	Strongly agree	Agree	Neutral	Disagree	Strongly disagree
The trainer had good knowledge of physical activity and cancer	24 (55.8)	19 (44.2)	---	---	---
The trainer spoke clearly and slowly enough for me to understand	23 (53.5)	18 (41.9)	2 (4.7)	---	---
The trainer did a good job of answering participant questions	24 (61.5)	15 (38.5)	---	---	---

USEFULNESS

Questions	Responses n (%)				
	Strongly agree	Agree	Neutral	Disagree	Strongly disagree
The information I learned is useful to me personally	27 (62.8)	15 (34.9)	1 (2.3)	---	---
I plan to do more physical activity	27 (62.8)	16 (37.2)	---	---	---

OVERALL

Questions	Responses n (%)				
	Very satisfied	Satisfied	Neutral	Dissatisfied	Very dissatisfied
How satisfied were you with the education session?	29 (67.4)	13 (30.2)	1 (2.3)	---	---