

Supplemental Table 4 The 24-hour pad test procedure

<p>A pad test will be carried out one time for each of you at baseline before your next follow-up visit.</p> <p>Same type of diapers will be provided free of charge to you at baseline and end-point assessments.</p> <p>Here are steps:</p>
<ol style="list-style-type: none">1. Change the diaper every 4–6 h during the daytime2. Collect all diapers through the daytime and nighttime (A night pad is not required if you does not leak when you are having a sleep) and store them in an airtight bag.3. Bring the bag to the clinic where the weighing will be performed.
<p>Thank you for your help.</p>