

Table 2. Social support measurement tool

Name	Scale	Cronbach’s alpha
Cerquera et al., 2021; Blackberry et al.,2023; Gustafson et al., 2019; Whitebird et al., 2013; Wilkerson et al., 2018;	Medical Outcomes Study (MOS)	0.736-0.921
Chiu et al., 2009; Christie et al.,2022; Marziali and Garcia, 2011; Smith et al., 2018;	Multidimensional Scale of Perceived Social Support (MPSS)	NM
Czaja et al., 2013; Easom et al.,2013; Lykens et al.,2014; Nichols et al.,2011;	10-21 items from three different broad scales measuring social support	NM
Fields et al., 2021; van Wezel et al., 2021;	self-developed scales	NM
Xu et al.,2023;	13-item questionnaire consisting of 4 domains: satisfaction with support, social support network, received support and negative interactions	NM

Glueckauf et al., 2022;	Social support: the Interpersonal Support Evaluation List (ISEL)	0.92
Berwig et al.,2022;	brief form of the Perceived Social Support Questionnaire (F – SozU) to assess the extent of social support	0.90
Szcześniak et al.,2021	experiences of emotional and practical support	NM
Töpfer et al.,2021	social relationships	NM
Roth et al.,2005	social support network	NM
Czaja et al.,2018	social support questionnaire	NM
Bass et al.,2013	supporting resources	NM
Chien and Lee,2011	social support from the perspectives of satisfaction with social support and formal support	NM
Bank et al.,2006		
Tompkins and Bell,2009	support questionnaire	NM
Hébert et al.,2003	The Inventory of Socially Supportive Behaviors	NM
Robinson,1988	Norbeck's Social Support Questionnaire (NSSQ)	NM
Neal et al ,2024	Social participation was measured using the Maastricht Social Participation Profile (MSPP)	NM

Xiao et al ,2024	the Carers of Older People in Europe Index-Quality of Social Support (The COPE Index-QS)	0.77
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NM: Not Mentioned; The multiple blank spaces in Table 2 indicate that the authors of these items share the same scale name and reliability value