

Supplemental File 1: Preferred Reporting Items for Systematic Review and Meta-Analysis
Protocols (PRISMA-P) Guidelines

| Section and topic | Item No | Checklist item |
|-----------------------------|---------|---|
| ADMINISTRATIVE INFORMATION: | | |
| Title: | | |
| Identification | 1a | Identify the report as a protocol of a systematic review |
| Update | 1b | If the protocol is for an update of a previous systematic review, identify as such |
| Registration | 2 | If registered, provide the name of the registry (such as PROSPERO) and registration number |
| Authors: | | |
| Contact | 3a | Provide name, institutional affiliation, e-mail address of all protocol authors; provide physical mailing address of corresponding author |
| Contributions | 3b | Describe contributions of protocol authors and identify the guarantor of the review |
| Amendments | 4 | If the protocol represents an amendment of a previously completed or published protocol, identify as such and list changes; otherwise, state plan for documenting important protocol amendments |
| Support: | | |
| Sources | 5a | Indicate sources of financial or other support for the review |
| Sponsor | 5b | Provide name for the review funder and/or sponsor |
| Role of sponsor or funder | 5c | Describe roles of funder(s), sponsor(s), and/or institution(s), if any, in developing the protocol |
| INTRODUCTION | | |
| Rationale | 6 | Describe the rationale for the review in the context of what is already known |
| Objectives | 7 | Provide an explicit statement of the question(s) the review will address with reference to participants, interventions, comparators, and outcomes (PICO) |
| METHODS | | |
| Eligibility criteria | 8 | Specify the study characteristics (such as PICO, study design, setting, time frame) and report characteristics (such as years considered, language, publication status) to be used as criteria for eligibility for the review |
| Information sources | 9 | Describe all intended information sources (such as electronic databases, contact with study authors, trial registers or other grey literature sources) with planned dates of coverage |
| Search strategy | 10 | Present draft of search strategy to be used for at least one electronic database, including planned limits, such that it could be repeated |
| Study records: | | |
| Data management | 11a | Describe the mechanism(s) that will be used to manage records and data throughout the review |
| Selection process | 11b | State the process that will be used for selecting studies (such as two independent reviewers) through each phase of the review (that is, screening, eligibility and inclusion in meta-analysis) |
| Data collection process | 11c | Describe planned method of extracting data from reports (such as piloting forms, done independently, in duplicate), any processes for obtaining and confirming data from investigators |
| Data items | 12 | List and define all variables for which data will be sought (such as PICO items, funding sources), any pre-planned data assumptions and simplifications |
| Outcomes and prioritization | 13 | List and define all outcomes for which data will be sought, including prioritization of main and additional outcomes, with rationale |