# **BMJ Open** Management of long bone fractures and traumatic hip dislocations in paediatric patients: study protocol for a prospective global multicentre observational cohort registry

Bryn O Zomar <sup>(1)</sup>, <sup>1,2</sup> Maio Chen,<sup>3</sup> Emily K Schaeffer <sup>(1)</sup>, <sup>1,2</sup> Kishore Mulpuri,<sup>1,2</sup> Alexander Joeris,<sup>3</sup> PedORTHO Study Group

#### To cite: Zomar BO,

Chen M, Schaeffer EK, *et al.* Management of long bone fractures and traumatic hip dislocations in paediatric patients: study protocol for a prospective global multicentre observational cohort registry. *BMJ Open* 2024;**14**:e079836. doi:10.1136/ bmjopen-2023-079836

Prepublication history and additional supplemental material for this paper are available online. To view these files, please visit the journal online (https://doi.org/10.1136/ bmjopen-2023-079836).

Received 13 September 2023 Accepted 09 February 2024

#### () Check for updates

© Author(s) (or their employer(s)) 2024. Re-use permitted under CC BY-NC. No commercial re-use. See rights and permissions. Published by BMJ.

<sup>1</sup>Department of Orthopaedic Surgery, BC Children's Hospital, Vancouver, British Columbia, Canada <sup>2</sup>Department of Orthopaedics, The University of British Columbia, Vancouver, British Columbia, Canada <sup>3</sup>AO Innovation Translation Center, AO Foundation, Davos, Switzerland

### **Correspondence to**

Dr Emily K Schaeffer; Emily.schaeffer@cw.bc.ca ABSTRACT Introduction

**Introduction** Management controversy and clinical equipoise exist in treatments of long bone fractures and traumatic hip dislocation in paediatric patients due to the lack of high-quality clinical evidence. This protocol describes the effort of a large prospective global multicentre cohort study (registry) aiming at providing quality data to assist evidence-based treatment decisionmaking.

**Methods and analysis** Eligible paediatric patients (N=750–1000) with open physes suffering from proximal humerus fractures, distal humerus fractures, proximal radius fractures, forearm shaft fractures, traumatic hip dislocations, femoral neck fractures or tibial shaft fractures will be recruited over a period of 24–36 months. Hospitalisation and treatment details (including materials and implants) will be captured in a cloud-based, searchable database. Outcome measures include radiographic assessments, clinical outcomes (such as range of motion, limb length discrepancies and implant removal), patient-reported outcomes (Patient Reported Outcomes Measurement Information System (PROMIS) and EuroQol-5D (EQ-5D-Y)) and adverse events.

Aside from descriptive statistics on patient demographics, baseline characteristics, types of fractures and adverse event rates, research questions will be formulated based on data availability and quality. A statistical analysis plan will be prepared before the statistical analysis.

**Ethics and dissemination** Ethics approval will be obtained before patients are enrolled at each participating site. Patient enrolment will follow an informed consent process approved by the responsible ethics committee. Peer-reviewed publication is planned to disseminate the study results.

Trial registration number NCT04207892.

#### INTRODUCTION

Caring for paediatric musculoskeletal injuries requires specialised knowledge and close monitoring. Because these patients, whether an infant, child or adolescent, are still in the

# STRENGTHS AND LIMITATIONS OF THIS STUDY

- ⇒ The study will be conducted as a prospective global registry; it will collect high-quality, prospective data on treatment details and outcomes from a large cohort of paediatric orthopaedic traumas.
- ⇒ Collection of a comprehensive, standardised set of data in a searchable database will enable comparison of treatment effectiveness and outcomes.
- ⇒ Global participation of study sites will ensure that results are broadly applicable, allow for comparison of regional practices and enable the recruitment of a larger number of participants with rare injuries.
- ⇒ Variance in data quality due to the global participation of study sites is a limitation of the study design.
- ⇒ Another limitation is the collection of multiple patient-reported outcomes, which poses a burden to patients and may lead to missing information and reduced data quality.

growth and development stage with open physes, dedicated effort and careful consideration of the needs of a growing child are necessary. In addition, the quality of care needs to be regularly evaluated against available benchmarks to promote continuous innovation and improvement to existing treatment modalities.<sup>1</sup>

Currently, multiple paediatric fractures and musculoskeletal injuries with significant management controversy or clinical equipoise exist. These include fractures of the proximal humerus, distal humerus, proximal radius, forearm shaft, femoral neck, tibial shaft and traumatic hip dislocations. For instance, there is little research comparing the effectiveness of surgical versus nonsurgical treatments for severely displaced proximal humerus fractures in paediatric populations, and most existing clinical studies enrolled only a small number of patients.<sup>2–7</sup>

and

data mining, Al

Protected by copyright, including for uses related to text

Similarly, multiple authors have found no difference in the long-term functional outcomes between surgical and nonsurgical treatment in patients with moderately displaced medial epicondyle fractures. However, these studies lack standardised criteria on how displacements were measured and did not differentiate between sedentary and active paediatric populations.<sup>8 9</sup> Finally, limited evidence is currently available that compares different treatments and radiographic techniques for traumatic hip dislocations in paediatric patients. The rarity of this injury has restricted existing literature to case studies only.<sup>10</sup> The situation for these injuries clearly demands better, high-quality clinical evidence.

The rarity of some of these injuries, however, presents a challenge. Few if any prospective studies with large sample sizes have been conducted and current literature on these injuries has been limited to case studies or retrospective studies of small sample sizes. Although patient data may be retrieved from hospital charting systems for evaluating different treatment modalities, they may not present a complete or accurate picture and therefore are limited in utility.

In our current study, we have designed a prospective, multicentre observational cohort study covering the above-mentioned injuries with management controversy or clinical equipoise. The study is dedicated to capturing treatment details and outcomes in a standardised and accessible format from a large cohort. It can, therefore, be a powerful tool for data mining to compare different treatment methods in real-world settings and promote evidence-based fracture care in paediatric patients in developing and developed countries. Because management strategies are likely to differ between low-income, middle-income and high-income countries due to differences in resources and local context,<sup>11</sup> participating sites from different geographical regions will be included to ensure that results may be broadly applicable. We believe that this prospective, multicentre study with a large cohort will be valuable in providing much needed high-quality evidence. Additionally, the injuries will be classified according to the AO Pediatric Comprehensive Classification of Long Bone Fractures (AO PCCF)<sup>1</sup>; the results shall help validate the AO PCCF and determine its utility in treatment decision-making and predicting fracture outcomes.

# **METHODS AND ANALYSIS**

# Study design and setting

This is a prospective global multicentre observational cohort study serving the function of a paediatric orthopaedic research, trauma and health outcomes (PedORTHO) registry. Table 1 summarises the sites that are currently included in the study; all are specialised paediatric fracture care centres.

Standardised data on fracture management and outcomes will be collected in a customised, searchable database. All treatments will be performed according to Protected by copyright, including for uses related to text and data mining, Al training, and similar technologies

Table 1 Current participating sites									
Name		Country	Region						
	aching Hospital rthopaedics Clinic,	Ghana	Africa						
Lady Read Peshawar	ding Hospital,	Pakistan	Asia						
Shranthar Insitute of	Hospital and am Shetty Orthopaedics natology (SSIOT), e	India	Asia						
Queenslar Hospital, I	nd Children's Brisbane	Australia	Australia						
The Child Westmead	ren's Hospital at d, Sydney	Australia	Australia						
Städtische	rurgische Klinik, es Klinikum , Karlsruhe	Germany	Europe						
Rijeka CH	ospital Center CR, Pediatric linic, Rijeka	Croatia	Europe						
Karamano Hospital, I	laneio Children's Patras	Greece	Europe						
Hospital U Hortega, V	Jniversitario del Rio /alladolid	Spain	Europe						
	Sant Joan de Deu ona, Barcelona	Spain	Europe						
BC Childre Vancouve	en's Hospital, r	Canada	North America						
	Hospital of ntario Research Ottawa	Canada	North America						
	of Missouri Health ouri Orthopaedic Columbia	United States	North America						
The Hosp Children,	ital for Sick Toronto	Canada	North America						
Izaak Walt Centre, Ha	ton Killam Health alifax	Canada	North America						
Hospital U Caracas, (	Jniversitario de Caracas	Venezuela	South America						
Locomoto Rehabilita de Medici	e Aparato or y de cion Facultad na, Universidad e Chile, Valdivia	Chile	South America						

the usual practice at participating sites; no study-specific treatments, selection of materials or surgical techniques are dictated in the study protocol, except for the prospective collection of a standardised set of data (demographic information, baseline injury information, diagnosis, treatment details, and clinical and patient-reported outcomes). Post-treatment care and follow-up visits will also be conducted according to the standard procedures at participating sites.

# **Study procedures**

In this study, fractures are classified according to the AO PCCF.<sup>1</sup> Open growth plate is defined as radiologically confirmed open physis in the injured bone. Inclusion criteria were determined according to the existence of substantial clinical equipoise or management controversy for specific fractures. To reduce confounding factors, we opted to exclude patients with multiple injuries. Additionally, femoral shaft fractures are not included as we are currently conducting a separate study focused on these fractures.

# Inclusion criteria

Patients diagnosed with the following isolated long bone fractures or dislocation with open growth plates will be included:

- Proximal humerus fractures (AO PCCF 11-E/1.1; 11-E/4.1, 4.2; 11-E/2.1, 2.2; 11-E/8.1, 8.2; 11-E/3.1, 3.2 and 11-M/3.1, 3.2).
- Distal humerus fractures (AO PCCF 13-M/3.1 III+IV; 13-M/3.2 III+IV; 13-E/1.1, 2.1, 3.1, 3.2, 4.1, 4.2 and 13-E/8.1, 8.2).
- Proximal radius fractures.
- Forearm shaft fractures.
- Femoral neck fractures.
- Tibial shaft fractures (AO PCCF 42-D/4.1, 4.2, 5.1, 5.2 and 42t-D/4.1, 4.2, 5.1, 5.2, with or without fibula fracture).
- Traumatic hip dislocations (Stewart and Milford classification).

# Exclusion criteria

Patients with radiologically confirmed closed physis in the injured bones and/or diagnosed with the following fractures will be excluded:

- Supracondylar humerus fracture of AO PCCF 13-M/3.1 I; 13-M/3.1 II and 13-M/3.2 II.
- Proximal humerus fracture of AO PCCF 11-M/2.1.
- Tibia shaft fracture of AO PCCF 42-D/1.1, 2.1 and 42t-D/1.1, 2.1, 3.1, with or without fibula fracture.

Patients with polytrauma or multiple fractures, previous fracture of the same anatomical region, other underlying musculoskeletal or neuromuscular disorder, or fractures 4 weeks old or older before treatment will also be excluded.

# Recruitment

A recruitment period of 24-36 months is planned to enrol 750-1000 eligible patients. Patient enrolment will be consecutive with no limit in the number of patients enrolled at each site. However, a limit of 200 patients will be applied to each fracture type to ensure sufficient coverage of different types of fractures. Additionally, the numbers of enrolments are also limited for different fracture types at each site to ensure a reasonable distribution of different fracture types and the multicentre perspectives are maintained for each fracture type.

Potentially eligible patients are screened according to the inclusion and exclusion criteria. A member of

the research team from the study site will explain the nature of the registry, its purpose, procedures involved, the expected duration, the potential risks and benefits, any discomfort it may entail, and the informed consent process to each patient and the parent(s) or legal guardian using lay language. Patients and parents (or legal guardians) will be informed that participation in the registry is voluntary and that they may withdraw at any time without affecting subsequent medical treatments. They will also be informed that the child's medical records may be examined by authorised individuals other than the treating physician. The patient information sheets provided to the children were adapted so that they are age appropriate, accompanied by an oral explanation. 5 Because the patients are minors, the informed consent **8** forms will be dated and signed by either the parents or legal guardians. Written assent may also be obtained from older children who can understand the information during the informed consent process. lclud

In general, consent will be obtained before any treatments or assessments take place, but the latest at the first follow-up visit, that is, visit 3 (table 2). for uses relat

# Data collection

A summary of data to be collected at each visit is illustrated in table 2. For patients with no on-site visits scheduled, patient-reported outcomes may be completed electronically, on paper or through telephone interviews.

# **Baseline** information

Baseline parameters to be recorded are sex, year of birth, height and weight, the location and activity that caused the injury. Fracture details to be recorded are the fracture classification according to the AO PCCF, side of the fracture, high-energy or low-energy trauma, and open or closed fracture.<sup>13–15</sup>

# Treatment details

I training For non-operative treatments, details to be collected include if closed reduction was performed, hardware , and used for immobilisation (eg, types and materials of casts, slings and splints), postreduction radiographic control <u>0</u> and length of hospitalisation.

For surgical treatments, details to be recorded are (as applicable) the surgical approach, duration of surgery, open or closed reduction, details of implants, details of external immobilisation, postreduction radiographic no ĝ control, length of hospitalisation and details of physical therapy.

Depending on the location of the fracture, additional relevant details may also be recorded. For example, in case of an operative treatment of a forearm shaft fracture, whether an ulnar osteotomy for plastic deformity or a radial head reduction was performed will be recorded.

# Documented visits

Visits are documented by the investigators according to the standard of care in their centres. Any additional

ed

ð text

and

data

ining, Al

Protected by copyright, including for uses related to text and

Assessment parameters	Visit 1 Screening/preoperative	Visit 2 Treatment (day 0)	Visit 3 3–8 weeks	Preoperative, intraoperative and postoperative visits*				
				Visit 4 3 months (±2 weeks)	Visit 5 6 months (±4 weeks)	Visit 6 12 months (±4 weeks)	Visit 7 24 months (±8 weeks)	Additional visits† According to standard of care
Patient information/ consent	х							
Demographics and baseline information	Х							
Fracture and trauma details	X							
Treatment details		Х						Х
Radiographic outcomes			Х	Х	Х	Х	Х	Х
Clinical/functional outcomes‡			Х	Х	Х	Х	Х	Х
Patient-reported outcomes‡			Х	Х	Х	Х	Х	Х
Adverse events		Х	Х	Х	Х	Х	Х	Х

Informed consent must be obtained the latest on visit 3, if this was not obtained at visit 1 or visit 2.

\*Timing of postoperative follow-ups is calculated from the day of treatment (day 0).

†Conducted as needed or according to the local standard.

‡Final clinical/functional outcomes should always be assessed at the final visit in the hospital.

unscheduled visits, such as for a medical emergency, will be documented as additional visits.

# Termination of participation

Participation in this registry may terminate early for reasons such as patient withdrawal of informed consent, investigator's discretion (eg, patient noncompliance), loss to follow-up, death and patient found to be ineligible.

Early terminations will be recorded in a drop-out form, including the circumstances leading to the termination. All patient data collected prior to the termination will be censored as of the day of the official termination. No further data will be collected from these patients. Censored data will be included in the analyses, except when patients explicitly request their removal.

#### Outcome measures

#### Radiographic outcomes

Radiographs taken according to local standard of care are evaluated by the principal investigators at the study sites to assess fracture healing and alignment. Standardised radiographic measurements will be collected according to the image evaluation manual provided to each investigator site. These measurements are as follows:

- Proximal humerus fractures: proximal humerus angulation.
- Distal humerus fractures: Baumann angle, anterior humeral line (if it dissects the capitellum) and lateral capitello-humeral angle.

- Proximal radius fractures: radial head angulation and carrying angle.
- Forearm shaft fractures: radius and/or ulna, volar tilt (radius) and radial inclination.
- Traumatic hip dislocations: acutely concentric reduction (yes/no), articulo-trochanteric distance, g evidence of avascular necrosis (yes/no; if yes, Ratliff classification of avascular necrosis), evidence of heterotopic ossification (yes/no), evidence of premature physeal closure (yes/no), femoral neck length g (compared with contralateral site, if radiograph is available through local standard of care).
- ► Femoral neck fractures: neck shaft angle, articulotrochanteric distance, evidence of avascular necrosis (yes/no), Ratliff classification of avascular necrosis, evidence of premature physeal closure (yes/no), quality of reduction, femoral neck length (compared with contralateral site, if radiograph is available through local standard of care).
- Tibial shaft fractures: with or without fibula fracture, lateral distal tibial angle, medial proximal tibial angle and tibial slope.

Additional radiographic analyses may be performed at a later stage.

### Clinical outcomes

Clinical outcomes to be assessed (table 2) are as follows:

l trair

ig, and

- Malalignment (compared with the contralateral side) and impaired range of motion (abduction/ adduction, supination/pronation, internal rotation/ external rotation and flexion/extension).
- Leg length discrepancy (LLD) measured according to the standing blocks method.<sup>16</sup>
- Time (in weeks) to return to full activity, full weightbearing and return to kindergarten or school.
- Implant removal (yes/no; if yes, whether planned). Unplanned implant removal will be documented as an adverse event (AE).

# Patient-reported outcomes

Patient-reported outcomes (table 2) to be assessed include the PROOF (Patient Reported Outcomes Of Fracture Healing),<sup>17</sup> PROMIS (Patient-Reported Outcomes Measurement Information System)<sup>18</sup> and EQ-5D-Y (EuroQol-5D).<sup>19</sup>

PROOF was developed for outcome evaluation of fracture treatments in children from the perspectives of both patients and their parents; it is currently being validated. The instrument has four domains: how the limb looks, how the limb feels, how the limb works and how it is healing.<sup>17</sup> The last domain is assessed only at the final visit and includes the length of hospitalisation, number of visits to the doctor, number of AEs, perception of pain during the recovery period, time away from school, lost work, out-of-pocket expenses and overall experience of the recovery. Standardised scores from 0 to 100 are reported for each of the four domains and as total scores. The instrument is only available in English. PROOF will not be administered in sites where English is not the native language, except when the parents or patients can understand English at a level that allows a clear and correct assessment.

PROMIS offers a set of person-centred measures for assessing physical, mental and social health in adults and children.<sup>18</sup> For this registry, the PROMIS Physical Function (the Mobility short form) and the PROMIS Pain Interference instruments are used. The Mobility short form measures self-reported capability and not the actual performance, and the PROMIS Pain Interference assesses self-reported consequences of pain on aspects of one's life. Both are available for children 8 years and older and for parents (proxy administration) of children older than 5 years. Currently, these instruments are not available in local languages for all sites. For sites that the instrument is not available in local languages, these measurements will not be assessed, except when the parents or patients can understand English at a level that allows a clear and correct assessment.

The EQ-5D-Y is a child-friendly version of the EQ-5D developed based on the EQ-5D-3L.<sup>19</sup> It is a self-filled questionnaire recommended in general for children and adolescents aged 8-15 years, in accordance with the user guide, we are using the EQ-5D-Y across the full age range of the study to avoid using two different versions of EQ-5D.<sup>20</sup> For children aged 4–7 years, an EQ-5D-Y proxy

version will be answered by a parent, caregiver or health professional. The proxy will be asked to provide their own impression of the child or adolescent's health status on the day of administration.

# Adverse events

Since this is an observational study, only AEs potentially related to the treatments, implant used or the medical condition under investigation will be recorded. These include neurological injuries, vascular injuries, wound infections, wound healing problems, implant failure, loss of reduction that requires additional interventions, refractures, delayed bone union or nonunion, malalignment at final visits, persistent pain, limitation in motion, by copyright, incl LLD>1.5 cm and other AEs that could influence the outcome of the treatment.

# Statistical considerations

## Sample size determination

The objectives of this study are descriptive and exploratory in nature without a formal hypothesis, therefore, a sample size calculation was not performed. The proposed  $\vec{a}$ number of patients to be included in this registry (750- **o** 1000) was estimated to allow the identification of infre-quent AEs and rare treatment concepts and is deemed related to practically achievable over an enrolment period of 24-36 months.

# Statistical analysis

text A statistical analysis plan (SAP) will be prepared before any statistical analysis. In general, descriptive summary and statistics will be generated for patient demographics, baseline characteristics, types of fractures, surgical and non-operative treatment details, outcomes, and AEs. Categorical variables will be summarised using the frequency and percentage; continuous variables will be summarised using mean, SD, median, IQR, and minimum and maximum values. These summary statistics will also be presented according to clinically relevant categories such as treatment type and age.

AEs will be reported both at patient and event level. AE rates with 95% CIs will be calculated based on the fullanalysis population, irrespective of dropouts.

simi Depending on the quality of the data and the number of patients in specific subpopulations (eg, different age fec and treatment groups), research questions may be formulated and appropriate statistical analyses performed. hnologies Details concerning other analyses and the handling of missing data will be specified in the SAP.

# Data collection and monitoring

Data from participating patients are documented in electronic case report forms (CRFs) and captured in the REDCap Cloud Electronic Data Capture system (https:// www.redcapcloud.com/). CRFs are to be completed in a timely manner and are password protected-only authorised personnel have access. After termination of the registry, each site will receive an electronic copy of its own data.

Images collected in association with this study will be deidentified and sent to the sponsor digitally.

Due to the observational nature of the study, a data monitoring safety board has not been implemented. Regular data monitoring and cleaning will be performed to ensure data accuracy.

#### **Current status**

Currently, the participating sites include 17 centres from Africa, Asia, Australia, Europe, North America and South America. All have obtained ethics approval and started enrolling patients. The first patient was enrolled in June 2021, and the last visit for the last patient is expected in April 2027. The enrolment start date for each site is provided in online supplemental table 1.

#### DISCUSSION

In a 2008 policy statement, the American Academy of Pediatrics recognised the importance of comprehensive trauma registries in facilitating periodic patient care review, a key priority for patient safety and outcome improvement.<sup>21</sup> Yet, prospective trauma registries in paediatric care are still rare today, especially in the area of fracture care. To prospectively collect a standardised set of data on paediatric orthopaedic fracture care, we have embarked on setting up a global, multicentre paediatric registry to collect data on key long bone fractures and traumatic hip dislocation, their treatments and health outcomes.

We expect this registry to provide a comprehensive set of data that allows retrospective comparative analyses on the effectiveness of different treatments. The results shall be high-quality real-world evidence that can fascilitate policy-making and help implement evidence-based protocols for standard care. This in turn, would improve quality of care, reduce patient morbidity and mortality,<sup>21</sup> support efficient and effective patient follow-up leading to better resource allocation.

A registry of this scope and rigour that includes sites from around the world provides the potential for efficient publication of clinically relevant results and effective knowledge translation among the global paediatric orthopaedic community. Unlike the traditional multicentre research that usually includes only patients in the Global North, this registry will include sites from regions such as Africa, Asia and South America-regions that are usually under-represented in clinical research. Therefore, the results from this registry should be broadly generalisable to the global paediatric population. This is particularly important as the volume of traumatic injuries and the mechanisms of injury differ between low-income, middleincome and high-income countries.<sup>11</sup>

There are several limitations to our study. First, we are sure to recruit greater numbers of patients with the more common injuries (such as elbow and forearm fractures), than those with more rare injuries (such as hip fractures and dislocations). Previous research has been

limited by small numbers of patients for these rare injuries and we are sure to encounter similar challenges. However, given the multicentred nature of the study, it most likely represents the best chance to overcome these problems. Additionally, like all registries, we are likely to have some amount of missing data, particularly for patient-reported outcomes, as all visits for the registry are part of standard of care and participants will likely be discharged from care with their treating clinician prior to our furthest time points. To address this, we have allowed for questionnaires to be collected electronically or via telephone interview so that participants who do not return to clinic, may still have complete data. ŝ Our protocol also suffers from a lack of patient involvement in its development. Due to this, it is possible that **8** our study is missing the collection of outcomes that are important to patients and their families. However, as a registry study, it is a starting point to collect a database of paediatric fracture data. In future, patients can and should be involved in developing research questions and protocols for studies attempting to answer questions arising from the registry data. In addition, while the involvement of multiple centres from across the globe is a strength of the study, as it will allow for the generalisability of study results to the population as a whole, this also introduces variability in the data. The demographic and injury information is likely different from site to site, making direct comparisons between sites difficult. There is also the risk that data quality may suffer if some involved sites have fewer research resources than others. Data quality, however, will be monitored throughout the study and critical problems will be identified and addressed as soon as possible.

In summary, this protocol describes our approach to collect treatment and outcome data on key long bone fractures and traumatic hip dislocations in a paediatric population where substantial clinical equipoise or controtraining, and similar tech versy exists. By broadly capturing the treatment details across centres and regions, this study should help identify treatments with superior outcomes and optimise the management of these injuries.

# ETHICS AND DISSEMINATION

Ethics approval was obtained from the local ethics committee or institutional review board prior to patient enrolment. Patient enrolment will follow an informed consent process approved by the responsible ethics **g** committee. The list of the ethics committees involved in the study can be found in online supplemental table 1. The registry has been designed and implemented according to current valid international standards (ICH GCP and ISO 14155) and based on the ethical position of the Declaration of Helsinki, to ensure optimal protection of patient interests. It is intended that the results of this study shall be published in peer-reviewed journals and presented at suitable conferences.

Acknowledgements The authors thank the whole AO ITC Clinical Evidence team for their support in conducting the study, as well as the participating investigators and coordinators at the study sites for their efforts and contribution.

Collaborators PedORTHO Study Group: on behalf of the PedORTHO Study group: A D B Buunaaim, S Imran Buckari, M Ajith Kumar, L Johnson, D Little, P Schmittenbecher, A Bosak Versic, A Konstantopoulou, I Aguado Maestro, M Stitzman Wengrowicz, K Mulpuri, S Carsen, S K Gupta, U Narayanan, R El Hawary, M J Malaret Baldo, M Sepulveda. The paediatric departments of the following hospitals have initiated the PedORTHO project and will contribute by recruiting participants: University for Development Studies School of Medicine, Department of Surgery Tamale Teaching Hospital Trauma Orthopaedics Clinic, Tamale, Ghana; Orthopedics, Lady Reading Hospital, Peshawar, Pakistan; Department of Orthopaedic surgery, Tejasvini Hospital & SSIOT, Mangalore, India; Department of Orthopaedics, Children's Health Queensland Hospital and Health Service, Brisbane, Queensland, Australia; The Children's Hospital at Westmead, University of Sydney, Sidney, Australia; Kinderchirurgische Klinik, Klinikum Karlsruhe, Karlsruhe, Germany; Department od Pediatric Surgery Clinical Hospital Centre Rijeka, Rijeka, Croatia; Karamandaneio Children's Hospital, Patras, Greece; Department of orthopaedic Surgery, Hospital Universitario del Rio Hortega, Valladolid, Spain; Hospital Sant Joan de Deu, Barcelona, Spain; BC Children's Hospital, Vancouver, Canada; Children's Hospital of Eastern Ontario (CHEO) Research Institute. University of Ottawa. Ottawa, Canada; University of Missouri, Columbia, MO, United States; Division of Orthopaedic Surgery, University of Toronto, The Hospital for Sick Children, Toronto, Canada: Izaak Walton Killam (IWK) Health Centre, Halifax, NS, Canada: Hospital Universitario de Caracas, Caracas, Distrito Capital, Venezuela; Hospital Base Valdivia, Universidad Austral de Chile, Valdivia, Chile.

Contributors EKS, KM and AJ initiated and designed the study and contributed to the writing of the protocol and the manuscript. BOZ and MC contributed to the writing of the protocol and the manuscript. All members of the PedORTHO Study Group contributed to the design of the study and critical reading and approving the protocol and manuscript. EKS is the guarantor of this manuscript.

Funding This study is funded by the AO Foundation via the AO Trauma Network (grant number not applicable). Authors also acknowledge the Hippy Lab received funding from the I'm a HIPpy Foundation (grant number not applicable).

Competing interests KM reports other financial activities (outside the submitted work) with I'm a HIPpy Foundation, Pega Medical, View and PrecisionOS; personal fees from IPSEN and OrthoPediatrics: non-financial support from DePuv Synthes, Johnson & Johnson, Allergan, IPSEN and Pega Medical; and grants from OrthoPediatrics, Pediatric Orthopaedic Society of North America and Canadian Institutes of Health Research.

Patient and public involvement Patients and/or the public were not involved in the design, or conduct, or reporting, or dissemination plans of this research.

Patient consent for publication Not applicable.

Provenance and peer review Not commissioned; externally peer reviewed.

Supplemental material This content has been supplied by the author(s). It has not been vetted by BMJ Publishing Group Limited (BMJ) and may not have been peer-reviewed. Any opinions or recommendations discussed are solely those of the author(s) and are not endorsed by BMJ. BMJ disclaims all liability and responsibility arising from any reliance placed on the content. Where the content includes any translated material, BMJ does not warrant the accuracy and reliability of the translations (including but not limited to local regulations, clinical guidelines, terminology, drug names and drug dosages), and is not responsible for any error and/or omissions arising from translation and adaptation or otherwise.

Open access This is an open access article distributed in accordance with the Creative Commons Attribution Non Commercial (CC BY-NC 4.0) license, which permits others to distribute, remix, adapt, build upon this work non-commercially, and license their derivative works on different terms, provided the original work is properly cited, appropriate credit is given, any changes made indicated, and the use is non-commercial. See: http://creativecommons.org/licenses/by-nc/4.0/.

#### **ORCID** iDs

Bryn 0 Zomar http://orcid.org/0000-0002-8642-8600 Emily K Schaeffer http://orcid.org/0000-0002-3263-6586

#### REFERENCES

- AO pediatric comprehensive classification of long bone fractures (PCCF). J Orthop Trauma 2018;32:S117-40.
- 2 Cruz Al Jr, Kleiner JE, Gil JA, et al. Inpatient surgical treatment of Paediatric proximal Humerus fractures between 2000 and 2012. J Child Orthop 2018;12:111-6.
- 3 Fernandez FF. Eberhardt O. Langendörfer M. et al. Treatment of severely displaced proximal Humeral fractures in children with retrograde elastic stable Intramedullary nailing. Injury 2008:39:1453-9
- Hutchinson PH, Bae DS, Waters PM, Intramedullary nailing versus percutaneous pin fixation of pediatric proximal Humerus fractures: a comparison of complications and early radiographic results. J Pediatr Orthop 2011;31:617-22
- Schwendenwein E, Hajdu S, Gaebler C, et al. Displaced fractures of the proximal Humerus in children require open/closed reduction and internal fixation. Eur J Pediatr Surg 2004;14:51-5.
- 6 Pahlavan S, Baldwin KD, Pandya NK, et al. Proximal Humerus fractures in the pediatric population: a systematic review. J Child Orthop 2011;5:187-94.
- Dobbs MB, Luhmann SL, Gordon JE, et al. Severely displaced 7 proximal Humeral epiphyseal fractures. J Pediatr Orthop 2003;23:208-15.
- Bhatnagar N, Sharma S, Lingaiah P, et al. Ununited fracture medial 8 Condyle in a child: A case report and review of literature. J Orthop Case Rep 2018:8:65-8.
- Fernandez FF, Vatlach S, Wirth T, et al. Medial Humeral Condyle 9 fracture in childhood: a rare but often overlooked injury. Eur J Trauma Emerg Surg 2019;45:757-61.
- 10 Akkari M, Santili Ć, Akel E, et al. Femoral neck fracture in children: treatment and complications. Rev Assoc Med Bras 2015;61:5-7.
- 11 Bradshaw CJ, Bandi AS, Muktar Z, et al. International study of the epidemiology of Paediatric trauma: PAPSA research study. World J Surg 2018;42:1885-94.
- 12 Stewart MJ, Milford LW. Fracture-dislocation of the hip; an end-result study. J Bone Joint Surg Am 1954;36(A:2):315-42.
- 13 Gustilo RB, Anderson JT. Prevention of infection in the treatment of one thousand and twenty-five open fractures of long bones: retrospective and prospective analyses. J Bone Joint Surg Am 1976:58:453-8
- 14 Gustilo RB, Mendoza RM, Williams DN. Problems in the management of type III (severe) open fractures: a new classification of type III open fractures. J Trauma 1984;24:742-6.
- Tscherne H, Oestern HJ. A new classification of soft-tissue damage 15 in open and closed fractures (author's Transl. Unfallheilkunde 1982:85:111-5.
- Sabharwal S, Kumar A. Methods for assessing leg length 16 discrepancy. Clin Orthop Relat Res 2008;466:2910-22.
- PSCORE. Priority-based Scales for Children's Outcomes- Research & Evaluation (PSCORE), Available: https://lab.research.sickkids.ca/ pscoreprogram/proof-ue/ [Accessed Dec 2022].
- 18 Organization PH. Patient-Reported Outcomes Measurement Information System®, Available: https://www.promishealth.org/ 57461-2/; https://www.nia.nih.gov/research/resource/patientreported-outcomes-measurement-information-system-promis [Accessed 22 Jun 2022].
- 19 EuroQoL. Rotterdam, the Netherlands. EuroQoL Group. EQ-5D-Y, Available: https://eurogol.org/eg-5d-instruments/eg-5d-y-about/ Accessed 13 Feb 2020].
- Foundation ER. EQ-5D-Y User Guide2020, Available: https://euroqol. 20 org/publications/user-guides
- American Academy of Pediatrics Section on Orthopaedics, American 21 Academy of Pediatrics Committee on Pediatric Emergency Medicine, American Academy of Pediatrics Section on Critical Care, et al. Management of pediatric trauma. Pediatrics 2008;121:849-54.

lles