

Supplementary file 3. Summary of systematic reviews

Author	Title	Study Design	Included Articles N.	Follow-up Time	Fatigue Prevalence & Associations	p
Aiyegbusi et al. (2021)	Symptoms, complications and management of long COVID: a review	Systematic review & Meta-analysis	24	1 month	47% (CI 31–63) 16 studies	
Badenoch et al. (2021)	Persistent neuropsychiatric symptoms after COVID-19: a systematic review and meta-analysis	Systematic review & Meta-analysis	51	Mean 77 days (Range 14-182)	24.4% (CI 17.5-32.9)	
Cabera Martimbianco et al. (2021)	Frequency, signs and symptoms, and criteria adopted for long COVID-19: A systematic review	Narrative systematic review	25	Post-infection or discharge	-	
Cares-Marambio et al. (2021)	Prevalence of long-term effects in individuals diagnosed with COVID-19: a living systematic review	Systematic review & Meta-analysis	9	Post-discharge	52% (CI 0.38–0.66)	
Cha & Baek et al. (2021)	Symptoms and management of long COVID: A scoping review	Scoping review	34	> 4 weeks	-	
Chen et al. (2021)	Global Prevalence of Post-Acute Sequelae of COVID-19 (PASC) or Long COVID: A Meta-Analysis and Systematic Review	Systematic review & Meta-analysis	40	> 28 days	Total (22 studies) 23 (CI 0.13-0.38) Hospitalised (8 studies) 26 (CI 0.17-0.38)	
Domingo et al. (2021)	Prevalence of long-term effects in individuals diagnosed with COVID-19: a living systematic review	Living systematic review & Meta-analysis	36	4-12 weeks ≥ 12 weeks	4-12 weeks 51%, (CI: 39-64) ≥ 12 weeks 47%, (CI: 27-68)	
Falk et al. (2021)	Health-related quality of life issues, including symptoms, in patients with active COVID-19 or post COVID-19; a systematic literature review	Narrative systematic review	339	1-4 months post-discharge	-	
Fernandez-de-Las-Penas et al. (2021)	Prevalence of post-COVID-19 symptoms in hospitalized and non-hospitalized COVID-19 survivors: A systematic review and meta-analysis	Systematic review & Meta-analysis	33	30, 60, 90 days post-virus	30 days 11.7% (CI 3.1-35.3) 60 days 56.2% (CI 28.3-80.7) ≥ 90 days 35.3% (CI 25.3-46.8)	
Garg et al. (2021)	The Conundrum of 'Long-COVID-19': A Narrative Review	Systematic Review	212	-	-	
Gavriatopoulou et al. (2021)	Epidemiology and organ specific sequelae of post-acute COVID 19: A narrative review	Narrative Systematic review	12	> 4 weeks	-	

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Hoshijima et al. (2021)	Incidence of Long-term Post-acute Sequelae of SARS-CoV-2 Infection Related to Pain and Other Symptoms: A Living Systematic Review and Meta-analysis	Systematic review & Meta-analysis (RAPID)	35	1 month	45% (32-59%)	
Jennings et al. (2021)	A systematic review of persistent symptoms and residual abnormal functioning following acute COVID-19: Ongoing symptomatic phase vs. post-COVID-19 syndrome	Systematic review & Meta-analysis	39	> 4 weeks	Symptoms (16 studies) 44% (CI 10-71) Ongoing Symptoms (19 studies) 43% (CI 5-83)	
Long et al. (2021)	Follow-Ups on Persistent Symptoms and Pulmonary Function Among Post-Acute COVID-19 Patients: A Systematic Review and Meta-Analysis	Systematic review & Meta-analysis	16	> 1 month Post-discharge	47%	
Malik et al. (2021)	Post-acute COVID-19 syndrome (PCS) and health-related quality of life (HRQoL)—A systematic review and meta-analysis	Systematic review & Meta-analysis	22	Post-Covid	Pooled Total 64% Quality of life OR 1.06	.001
Nasserie et al. (2021)	Assessment of the Frequency and Variety of Persistent Symptoms Among Patients With COVID-19: A Systematic Review	Systematic review	45	2 months	Median 39.8% (IQR, 31.4-59.0%) 25 studies	
Poudel et al. (2021)	Impact of Covid-19 on health-related quality of life of patients: A structured review	Rapid review	12	> 4 weeks post-discharge	-	
Rao et al. (2021)	Fatigue symptoms associated with COVID-19 in convalescent or recovered COVID-19 patients; a systematic review and meta-analysis	Systematic review & Meta-analysis	41	1-6 months Post-infection	1-2 months 52.7% ER 0.517 2-3 months 47.8% ER 0.527 Female Gender OR 1.782	
Rogers et al. (2020)	Psychiatric and neuropsychiatric presentations associated with severe coronavirus infections: A systematic review and meta-analysis with comparison to the COVID-19 pandemic	Meta-analysis	4	Post-illness	61 (19.3%)	
Sanchez-Ramirez et al. (2021)	Long-Term Impact of COVID-19: A Systematic Review of the Literature and Meta-Analysis	Systematic review & Meta-analysis	24	4 months	38% 15 articles	
Shanbehzadeh et al. (2021)	Physical and mental health complications post-Covid-19: Scoping review	Scoping Systematic Review	34	3 months	-	

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Wong et al. (2021)	Long COVID and Myalgic Encephalomyelitis/Chronic Fatigue Syndrome (ME/CFS)—A Systemic Review and Comparison of Clinical Presentation and Symptomatology	Narrative systematic review	21	> 1 month	-	