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RMC Practice Readiness Assessment of health care providers

Page 1

# **Rmc Readiness Assessment Of Health Care Providers**

Record ID	
Longitude	
Latitude	
Time of start of interview	
1. RMC Record ID (For example Adeoyo/HW/001)	
2. Which Local Government Area (LGA) is this facility situated	<ul><li>○ Ibadan North</li><li>○ Ibadan North East</li><li>○ Ibadan North West</li><li>○ Ibadan South East</li><li>○ Ibadan South West</li></ul>
3. Level of Public Health Facility	○ Primary ○ Secondary
4. Date of Birth (Example Day-Month-Year	
Today's date	
5. Age	
6. Highest Level of education completed	<ul> <li>Secondary education</li> <li>School of Health Technology</li> <li>Nursing School</li> <li>Nurse/Midwifery School</li> <li>Medical School</li> <li>Master's program / Part 1 Fellowship Exams</li> <li>Ph.D. program/ Part 2 Fellowship Exams</li> </ul>
7. Professional type	<ul> <li>Specialist Consultant</li> <li>Resident doctor</li> <li>Medical Officer</li> <li>House Officer</li> <li>Nurse</li> <li>Nurse/Midwife</li> <li>CHO</li> <li>CHEW</li> <li>Health Assistant/ Nurse Auxilliary/ Nurse Aide</li> </ul>
In which sub-unit are you working in this health facility or do you work across all the units?	<ul> <li>○ I work in the antenatal unit only</li> <li>○ I work in the labour room only</li> <li>○ I work in the post-natal unit only</li> <li>○ I work in all the units</li> </ul>

19-01-2021 19:22

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Page 2

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8. Your total income in a month (1 fall within which of these ranges	rom all sources) r	(	<pre>&lt; \\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\</pre>	000 (138.9 USD) 000 (194.4 USD) 000 (250 USD) ,000 (305.5 USD) 0,000 (555.5 USD 0,000 (1,111 USI	) ))
<ol> <li>Specifically, these total Income per month will be about in Na figures)</li> </ol>		s)			
10. The year you completed pre-s (graduated from school) for your		n			
11. Years of professional experier training	nce after pre-serv	ice			
12. The year you started working one of the following (nurse/midwi					
13. Years of experience working i one of the following (nurse/midwi		EW)			
14. Have you ever been promoted	d in your current j	ob?	○ Yes ○ No		
15. In which year were you last procurrent job (OR Moved to the nex level for doctors?				_	
16. No of years ago you were last	promoted				
17. The current level of the respo State civil service employment (b level 12. Write only the figure, eg	ased on ranks like	9			
18. Sex of the health care provide	er		○ Male ○ Fema	ale	
Which of these do you thin	k women shou	ld have as a	Fundamental I	Human Right t	to during
childbirth and in what freq	uency? If they	should not l	nave a right to	it, please, sel	ect "Never".
If they should, then select	best of the oth	er options.	(A right is som	ething they ca	n demand
for if not given)					
	Always (Nigbogbo igba)	Very frequently (Ni lemolemo)	Occasionally (Ni eknankan)	Rarely (Ko wopo rara)	Never (Ko sele ri)

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1. Right to know / ask about the professional identity and qualifications of those involved with her care	0	0	0	0	0
2. Right to communicate with caregivers and receive all care in privacy	0	0	0	0	0
3. Right to full and clear information about what is being done for her and their benefits, risks and costs (on the procedures, drugs, tests and treatments offered to her)	0	0	0	0	0
4. Right to accept or refuse procedures, drugs, tests and treatments, and to have her choices honored	0	0	0	0	0
5. Right to be informed if her caregivers wish to enroll her or her infant in a research study	0	0	0	0	0
6. Right to unrestricted access to her file and all available records about her pregnancy, labor, birth, postpartum	0	0	0	0	0
7. Right to receive maternity care that is appropriate to her cultural and religious	0	0	0	0	0
background. 8. Right to receive information in a language in which she can communicate (like getting her an interpreter) where necessary	0	0	0	0	0
9. Right to have a family member of her choice present during all the aspects/ stages of her labour and childbirth (having a birth companion)	0	0	0	0	0
10. Right to freedom of movement during labor, not hindered by tubes, wires or other apparatus	0	0	0	0	0

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indiscriminately)

ethnicity, religion

7. Discrimination based on age, economic / financial status,

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11. Right to virtually uninterrupted contact with her newborn from the moment of birth, as long as she and her baby are healthy and do not need care that requires separation	0	0	0	0	Page 4
12. Right to receive a pain relief during labour with information on the type of pain relief, and the risks and benefits	0	0	0	0	0
13. Right to deciding the position of birth (Squatting)	0	0	0	0	0
Has any of the following ever	been don	e to women who	have come to	deliver in th	nis hospital in
the past 1 year to the best of					-
appropriate response		•		,	
	Always	Very frequently	Occasionally	Rarely	Never
Physical abuse (slapping or hitting pinching, beating or attempts made to)	0	0	0	0	0
2. Verbal abuse (saying sentences to pregnant women in labour that may sound abusive like "was I there when you were getting impregnated""?)	0	0	0	0	0
3. Not providing information on the care to be provided or the procedure to be done before doing it	0	0	0	0	0
4. Not obtaining informed consent or a go ahead before procedures or examinations are done (even if information was provided about it)	0	0	0	0	0
5. Lack of privacy (not screening during examinations)	0	0	$\circ$	0	0
6. Lack of confidentiality (discussing patients' details openly or patients' files kept	0	0	0	0	0

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8. A birth companion of her choice NOT allowed to be present with the woman all through the stages during labour	0	0	0	0	0
9. Women not allowed to move about during labour but must lie down in one position	0	0	0	0	0
10. Women not given an option to choose a position of birth (like squatting to deliver) or denial of their choice	0	0	0	0	0
11. Unnecessary separation of mother and newborn after the birth	0	0	0	0	0
12. Leaving the woman alone or unattended or delaying attending to the woman after being called / sent for	0	0	0	0	0
13. Other types of similar actions done during childbirth in this health facility, specify					
How long are women kept on admission after an uncomplicated delivery on the discharge home?		e (	Less than 6 hou 6-12 hours More than 12 h More than 24 h Don't know	ours to a maximu	m of 24 hours
Have you ever heard of Respectful Mai	ternity Care (RN	ИC)	○ Yes ○ No		

#### Readiness Assessment for a Change to a Respectful Maternity Care Practice

Respectful Maternity Care (RMC) is a human rights approach to childbirth care practice. It is a new strategy for caring for women in labour which we are yet to commence implementing in this health facility. We are interested in knowing how health facilities offering childbirth services,

their managers and individual workers are READY to integrate respectful maternity care into their routine childbirth services.

What is Respectful Maternity care?

Simply, it means the following

- 1. The preferences of the client must be respected, and she must be involved in the decision making regarding her health.
- 2. She must be allowed a companion during birth as recommended by the WHO
- 3. She must be free to move about during labour if she so wishes even in the second stage before the urge to deliver and not restricted to one position.
- 4. If classified as a low risk pregnant woman, she should be allowed oral fluids or food while in labour as evidence has shown no negative outcomes following this.
- 5. Her privacy must be ensured by providing one private cubicle or space per woman in labour and information about her should not be shared openly.

- 6. If she prefers to deliver her child squatting, the health care provider must be willing to support her in the decision.
- 7. Equitable services must be delivered to her regardless of her personal characteristics.
- 8. When she calls for help during labour, she must not be denied nor neglected.
- 9. If she is unable to pay her bills, a consensus must be reached with her on how to pay rather than detaining her illegally for the inability to pay.
- 10. Overall, she must receive the utmost respectful and dignified care, that she deserves as her fundamental human rights.

Respectful Maternity Care can be implemented in this health facility	<ul> <li>Strongly disagree</li> <li>Somewhat disagree</li> <li>Neither agree nor disagree</li> <li>Somewhat agree</li> <li>Strongly agree</li> </ul>
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## Organizational Readiness for a change to RMC Practice

Please select one option for each of these sentences below that best describes how much you think your health facility management and staff are READY to integrate respectful maternity care (RMC) practice into the routine childbirth/ delivery care services in this facility (Please, tick one of these 5 options: Strongly Disagree=D, Somewhat Disagree=SWD, Neither Agree nor Disagree=NA/D, Somewhat Agree=SWA, Strongly Agree=A)

	Strongly Disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Strongly Agree
6. Health workers in this health facility want to (will not mind to) implement this change to RMC practice.	0	0	0	0	0
2. Health workers in this health facility are committed to implementing this change to RMC practice	0	0	0	0	0
9. Health workers in this health facility are determined to implement this change to RMC practice.	0	0	0	0	0
4. Health workers in this health facility will do whatever it takes to implement this change to RMC practice.	0	0	0	0	0
11. Health workers in this health facility are self-motivated to implement this change to RMC practice.	0	0	0	0	0

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1. Health workers in this health facility feel confident that the facility management can get people invested in implementing this change to RMC practice.	0	0	0	0	0
5. Health workers in this health facility feel confident that the facility managers can support people to adjust to this change to RMC practice.	0	0	0	0	0
7. Health workers in this health facility feel confident that they can keep pushing to implementing this change to RMC practice.	0	0	0	0	0
3. Health workers in this health facility feel confident that they can keep track of progress in implementing this change to RMC practice.	0	0	0	0	0
10. Health workers in this health facility feel confident that they can coordinate tasks so that implementation goes smoothly to RMC practice.	0	0	0	0	0
8. Health workers in this health facility feel confident that they can handle the challenges that might arise in implementing this change to RMC practice.	0	0	0	0	0
12. Health workers in this health facility feel confident that they can manage the politics of implementing this change to RMC practice.	0	0	0	0	0
The score for commitment to chang	e	_			
The MEAN score for Change commit	ment	_			
The score for Change Efficacy		_			
The MEAN Score for Change Efficacy	/				

19-01-2021 19:22

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Page 8

Informational assessment- Regarding a change to a respectful maternity care practice being
integrated into your routine childbirth care, please, select the most appropriate option to the
sentences below

	Strongly disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Strongly agree
1. Health workers in this health facility believe we have the equipment we need to implement this change to a RMC practice	0	0	0	0	0
2. Health workers in this health facility believe we have the expertise we need to implement this change to RMC practice	0	0	0	0	0
3. Health workers in this health facility believe we have the time we need to implement this change to a RMC practice	0	0	0	0	0
4. Health workers in this health facility believe we have the skills we need to implement this change to a RMC practice	0	0	0	0	0
5. Health workers in this health facility believe we have the resources we need to implement this change to a RMC practice	0	0	0	0	0
6. Health workers in this health facility know how much time it will take to implement this change	0	0	0	0	0
7. Health workers in this health facility know what resources we will need to implement this change	0	0	0	0	0
8. Health workers in this health facility know what each of us has to do to implement this change Given	0	O	0	0	0

#### **Change Valence Assessment-**

Please select the most appropriate option for each of these statements below regarding a change to integrate respectful maternity care (RMC) practice into the routine childbirth/ delivery care services in this facility.

Strongly	Somewhat	Neither agree	Somewhat agree	Strongly agree
disagree	disagree	nor disagree		

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1. Health workers in this health facility feel that a change to a respectful maternity care is compatible with our values	0		0	0	0		0
2. Health workers in this health facility feel that we need to implement this change to RMC practice	0		0	0	0		0
3. Health workers in this health facility believe this change to RMC practice will benefit our community	0		0	0	0		0
4. Health workers in this health facility believe this change to RMC practice will make things better	0		0	0	0		0
5. Health workers in this health facility believe this change to RMC practice is a good idea	0		0	0	0		0
6. Health workers in this health facility value this change to a RMC practice	0		0	0	0		0
Individual Readiness for Cha	ange Asse	ssment T	ool				
The options below are asses	ssing you	r own per	sonal rea	diness for	your healt	h facility	, to
integrate respectful matern	ity care p	ractices i	nto your i	routine chi	ldbirth ca	re. Selec	t one
option each	Strongly disagree	Disagree	Slightly disagree	Do not disagree nor agree	Slightly Agree	Agree	Strongly Agree
1. When changes such as a change to RMC practice is about to occur in our health facility, I believe that I am ready to cope with them.	0	0	0	0	0	0	0
2. I usually try to convince people in my health facility to accept the change such as a change to RMC practice	0	0	0	0	0	0	0
3. When changes occur in my health facility, I tend to complain about them rather than deal with them*	0	0	0	0	0	0	0

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4. I believe that I am more ready to accept a change to RMC practice than my colleagues.	0	0	0	0	0	0	0
5. I don't worry about changes in my health facility because I believe that there is always a way to cope with them	0	0	0	0	0	0	0
6. When changes such as a change to RMC practice occur in my company, I always have the intention to support them.	0	0	0	0	0	0	0
Concerning the availability of	of the resou	ırces ne	eded to	integrate a r	espectful	matern	ity care
practice into the routine chil	dbirth care	in this	facility,	please select	the best	option	
	Disagree		newhat sagree	Neither agree nor disagree	Somewhat a	agree	Agree
1. We have adequate number of trained and competent skilled birth attendants (e.g. nurse, doctors and nurse auxiliaries like CHO/CHEWS) that can provide RMC care to all women	0		0	0	0		0
2. The Management of our health facility are very familiar and well sensitized to the provision of a respectful maternity care practice	0		0	0	0		0
3. Regular practical, in-service training on the provision of respectful maternity care is being done for the staff in this health facility	0		0	0	0		0
4. There are written, up-to-date guidelines on the provision of a respectful maternity care during childbirth in this health facility	0		0	0	0		0
5. There are established and standard informed consent system in place and forms to be used for procedures requiring such (for example episiotomy	0		0	0	0		0

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					Page 11
6. There are health education materials on respectful maternity care in pictures and the languages of the communities served in this health facility	0	0	0	0	0
7. Rooming-in (Nursing baby by the mother's side) is practiced in this facility to allow women and their babies to remain together	0	0	0	0	0
8. There are clean, appropriately illuminated, well ventilated labour, and childbirth areas	0	0	0	0	0
9. There are clean and accessible toilets and bathrooms for use by women in labour/ post delivery	0	0	0	0	0
10. There is safe drinking water, and a hand washing station, with soap and water (preferably running water) or alcohol-based hand rubs	0	0	0	0	0
11. Curtains, screens, partitions are available and are being used to maintain privacy for women during ;labour and childbirth	0	0	0	0	0
12. There are sufficient bed capacity (needed number of beds for facility)	0	0	0	0	0
13. Facilities for companions of women in labour, including a private space (or partitioned with curtain) that can allow for the woman and her companion are available	0	0	0	0	0
14. Basic and adequate equipment for labor and childbirth that is available in sufficient quantities at all times in the labor and childbirth areas	0	0	0	0	0
15. Continuous energy/ power supply in the labor, childbirth and neonatal areas	0	0	0	0	0

19-01-2021 19:22 projectredcap.org



Page 12

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16. Staff meetings are held regularly to review our childbirth practices if respectful (RMC practices) or not in this health	0	0	0	0	0
17. There is a suggestion box for service users (clients/ patients) and providers to submit complaints to the management	0	0	0	0	0
18. Establishment of accountability mechanisms for redress in the event of mistreatment or violations (eg. disciplinary committee to handle report of mistreatment of women or providers)	0	0	0	0	0

These last set of questions help us to self-evaluate ourselves as a person and may elicit the factors that are associated with our readiness for a change to a respectful maternity care

Health care providers' Core Self-Evaluation Personality Traits- Kindly select the most appropriate option to each of the sentences below as it describes you as a person

	disagree	disagree	nor disagree	Somewhat agree	Strongly agree
1. I am confident I'll get the success I deserve in life.	0	0	0	0	0
2. Sometimes I feel miserable*	$\circ$	$\circ$	$\circ$	$\bigcirc$	$\bigcirc$
3. When I try, I generally	$\circ$	$\circ$	$\circ$	$\bigcirc$	$\circ$
succeed 4. Sometimes when I fail I feel worthless*	0	0	0	0	0
5. I complete tasks successfully	$\circ$	$\circ$	$\circ$	$\bigcirc$	$\bigcirc$
6. Sometimes, I do not feel I am in control of my work*	0	0	0	0	0
7. Overall, I am satisfied with myself	0	0	0	0	0
8. I am filled with doubts about my competence*	0	0	0	0	0
9. I determine / choose what will happen in my life	0	0	0	0	0
10. do not feel in control of my success in my career*	$\circ$	0	0	0	$\circ$

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Page 13

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11. I am capable of coping with most of my problems	0	0	0	0	0
12. There are times when things look pretty bleak and hopeless to me*	0	0	0	0	0
Health care providers' Job sa your job, kindly select the m					isfied with
your job, killury select the in	Strongly	Somewhat	Neither agree	Somewhat Agree	Strongly agree
1. My salary is fair compared to other staff in other southwest states with the same level of responsibility	disagree	disagree (	nor disagree	0	0
2. My benefits are fair compared to other staff at my level	0	0	0	0	0
3. My job description is clear to me, accurate and up to date	0	0	0	0	0
4. My supervisor and I have agreed on the priorities of my	0	0	0	0	0
job 5. I get clear feedback from my supervisors about how well I am performing on my job	0	0	0	0	0
6. My annual performance appraisal is based on the priorities in my workplan (my actual performance)	0	0	0	0	0
7. My supervisor seeks my input when faced with a challenge or problem	0	0	0	0	0
8. The organization (the management of this facility) acknowledges and values my work	0	0	0	0	0
9. The organization (the State Ministry of Health) provide me with the essential coaching and training to do my job.	0	0	0	0	0
10. The organization works (as much as possible) to provide me with opportunities for career growth.	0	0	0	0	0
Any other important comments or	observations	_			
Time to END of interview		_			

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	Name of Interviewer	O Bukola O Dr. Esan Any other	

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